

WELLNESS COMMITTEE – Callaway High School

Committee Members: Jonathan Laney, Principal; Maryfaye Payne, Student; Diane Pain, Parent; Pam Combs, Cafeteria Manager; Norma Fannin, School Nurse; Bonnie Mapp, Nutrition Teacher

Wellness Goals: Revised on 10/27/2017 Included in S.I.P. YES NO

1. Ensure that all school activities comply with Smart Snacks regulations.
 - a. Educate staff members of compliance rules.
 - b. Encourage staff to consider healthier alternatives when planning fundraisers.
2. Increase participation in after school sports activities.
 - a. Investigate barriers to participation.
 - b. Develop an action plan to help overcome barriers.
3. Plan and implement at least two annual “fun runs” during the school year. Examples: Glow run and color run.
4. Establish an after school feeding program which offers meals which are compliant with nutritional regulations.

Data to Consider:

Goal #1: Track fund raisers, product labels

Goal# 2: Track current and future athletic rosters

Goal #3: Attendance data for fun runs.

Goal #4: Number of meals served for after school feeding program.

Progress: Goals for 2016-2017 School Year

Goal #1: Ensure that all school activities comply with Smart Snacks regulations.

Data: 57% of fundraisers met all regulations. 43% of fundraisers offered food items which were not in compliance with nutritional regulations.

Goal #2: Increase participation in after school sports activities.

Data: 2015-2016 participation – 410 students; 2016-2017 participation – 437 students; 7% increase

Goal #3: Establish an after school exercise program.

Data: Goal #3 was not reached and was adjusted for the new school year.

Meeting Dates:

October 27, 2017,

April 17, 2018

Description of Public Notification of Meeting(s):

CHS Web site, CHS Facebook