



**Middle School Breakfast**  
**January 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>7</b> French Toast Sticks Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>8</b> Scrambled Eggs & Cheese Grits Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>9</b> Pancakes & Sausage Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>10</b> Fruit & Yogurt Parfait Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>11</b> Chicken Biscuit Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice
<b>14</b> Good Gravy Breakfast Pizza Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>15</b> Bacon Egg & Cheese Biscuit Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>16</b> Cheese Eggs & Grits Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>17</b> Chicken Biscuit Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>18</b> Sausage Biscuit Strawberry Frosted Pop-Tart  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice
<b>21</b>  No School	<b>22</b> Scrambled Eggs & Cheese Grits Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>23</b> Pancakes & Sausage Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>24</b> Fruit & Yogurt Parfait Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>25</b> Chicken Biscuit Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice
<b>28</b> Good Gravy Breakfast Pizza Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>29</b> Bacon Egg & Cheese Biscuit Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>30</b> French Toast Sticks Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>31</b> Cheese Eggs & Grits Strawberry Frosted Pop-Tarts  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice	<b>1</b> Sausage Biscuit Strawberry Frosted Pop-Tart  Or choose up to 2: Breakfast Cereal Cereal Bar Muffin  Assorted Fruit & Juice

A full student breakfast includes a choice of entree supplying grain and/or protein, fruit side dishes and choice of milk. Milk choices include 1% white and fat free flavored. Menus subject to change.

**Students: \$1.25    Reduced: No charge    Adults: \$1.75**

