



March 2019



Middle School Lunch

EVERYDAY FAVORITES	Mondays Hot 'N Spicy Chicken Sandwich PB&J w/ Chips Deli Chef Salad	Tuesdays Cheeseburger PB&J w/ Chips Buffalo Chicken Salad	Wednesdays Popcorn Chicken w/ Roll PB&J w/ Chips Chicken BLT Salad	Thursdays Cheeseburger PB&J w/ Chips Crispy Chicken Salad	Fridays Breaded Chicken Sandwich PB&J w/ Chips Turkey & Ham Club Sandwich
SONO	Available Daily SONO Bar: Choose your base – Nachos or Burrito Choose a meat – Beef or Fajita Chicken				
Extra Extra	Chilled Fruit Fresh Fruit 100% Fruit Juice	Chilled Fruit Fresh Fruit 100% Fruit Juice	Chilled Fruit Fresh Fruit 100% Fruit Juice	Chilled Fruit Fresh Fruit 100% Fruit Juice	Chilled Fruit Fresh Fruit 100% Fruit Juice
CREATE	March is National Nutrition Month. Explore different flavor combinations!				1 Oven "Fried" Chicken w/ Biscuit BBQ Baked Beans Cucumber Slices <u>2.Mato</u> Pepperoni Pizza
CREATE	4 Cheezy Baked Ziti w/ Garlic Toast Steamed Broccoli Fresh Celery Sticks <u>2.Mato</u> Italian Sausage Pizza	5 BBQ Pork Sandwich Peas & Carrots Cucumber Salad <u>2.Mato</u> Bacon Cheeseburger Pizza	6 Breaded Cheese Sticks w/ Marinara Sauce French Fries Baby Carrots <u>2.Mato</u> Sausage & Pepperoni Pizza	7 Chicken Tenders w/ Macaroni & Cheese BBQ Baked Beans Broccoli Florets <u>2.Mato</u> Pepperoni Pizza	8 <u>Breakfast for Lunch!</u> Chicken & Waffles French Fries Tossed Salad <u>2.Mato</u> Meat Lover's Pizza
CREATE	11 Grilled Cheese Sandwich Vegetable Soup Baby Carrots <u>2.Mato</u> Sausage & Pepperoni Pizza	12 Spaghetti & Meatballs Seasoned Green Beans Broccoli Salad <u>2.Mato</u> Chicken Bacon Ranch Pizza	13 Oven "Fried" Chicken w/ Biscuit Mashed Potatoes w/ Gravy Fresh Celery Sticks <u>2.Mato</u> Meat Lover's Pizza	14 Boneless BBQ Rib w/ Mac & Cheese BBQ Baked Beans Tossed Salad <u>2.Mato</u> Cheese Pizza	15 No School
CREATE	18 Breaded Cheese Sticks w/ Marinara Sauce French Fries Fresh Celery Sticks <u>2.Mato</u> Italian Sausage Pizza	19 Chicken Tenders w/ Macaroni & Cheese Baked Beans Cucumber Salad <u>2.Mato</u> Bacon Cheeseburger Pizza	20 Baked Ziti w/ Meat Sauce & Garlic Bread Seasoned Broccoli Baby Carrots <u>2.Mato</u> Sausage & Pepperoni Pizza	21 Fish Filet Sandwich w/ or w/o Cheese Peas & Carrots Broccoli Florets <u>2.Mato</u> Pepperoni Pizza	22 <u>Breakfast for Lunch!</u> Bacon Egg & Cheese Waffle Sandwich French Fries Tossed Salad <u>2.Mato</u> Meat Lover's Pizza
CREATE	25 BBQ Rib Sandwich Baked Beans Baby Carrots <u>2.Mato</u> Sausage & Pepperoni Pizza	26 Bacon Jalapeno Grilled Cheese Sandwich French Fries Broccoli Salad <u>2.Mato</u> Chicken Bacon Ranch Pizza	27 Meatball & Mozzarella Sub Seasoned Corn Fresh Celery Sticks <u>2.Mato</u> Meat Lover's Pizza	28 Chicken Parmesan w/ Spaghetti Seasoned Green Beans Tossed Salad <u>2.Mato</u> Cheese Pizza	29 Oven "Fried" Chicken w/ Biscuit Mashed Potatoes w/ Gravy Cucumber Slices <u>2.Mato</u> Pepperoni Pizza

A complete lunch includes choice of entrée (includes a source of protein and grain/bread accompaniments), choice of fruit/vegetable side dishes, and a choice of milk. A complete lunch must include a ½ cup fruit or vegetable. Milk choices include 1% white and fat free flavored. Menus subject to change.

Students: \$2.75 Reduced: No charge Adults: \$4.00



Troup County School System

